### PROGRAM OF THE VISIT OF THE SLOVENIAN LOCAL ACTION GROUPS TO PORTUGAL

2 – 5 OCTOBER 2017

### 02-10-2017 - FIRST DAY - OPORTO CITY

11:00 - 12:00 - Arrival of participants at airport

14:00 -15:00 - Departure to Oporto city

15:30 - 19:00 - Visits in Oporto city centre

#### The Bolsa Palace

The Palácio da Bolsa (Palace of the Bourse), property of the Chamber of Commerce and Industry of Porto, is one of the main libraries and centres of tourist attraction in the city and the region, receiving annually more than 200,000 visitors. The seat of most of the official state receptions in the North of Portugal, by the Palace of the Bourse have passed governors, high dignitaries and the main statesmen of the century. Throughout three generations, great names in architecture, painting, sculpture and the decorative arts have contributed to the creation of a unique estate and heritage in Palácio da Bolsa, a true jewel of the neoclassical style of the 18th century. XIX. National Monument, located in the area classified by UNESCO as a World Heritage Site, Palácio da Bolsa is a living and active space, open to the community. http://www.palaciodabolsa.com/

# Port Wine Cellars with Port wine tasting

The AEVP – Association of Port Wine Companies – is a private non-profit institution, established in January 1975. Together with the Port Wine Cellars, AEVP develops a coordinating role, with a view to providing a service of excellence, to all who seek to know the history and authenticity of a worldwide product – Port Wine. The Port Wine Cellars are a Portuguese symbol and document an unusual story of temperance and daring. Open all year round. By knowing them, the more you know about Port Wine, the Douro region and the cities of Porto and V.N. Gaia. <a href="http://www.cavesvinhodoporto.com/">http://www.cavesvinhodoporto.com/</a>

19:30 - 22:30 - **Dinner with animation** 

23:30 - 24:00 - **Transfer** to the Hotel João Paulo in Braga and accommodation











### 03-10-2017 - SECOND DAY - LAG ATAHCA AREA

The territory of ATAHCA LAG is crossed by the rivers Ave, Cávado and Homem. Alto Cávado is a territory marked by water, but also by the changing orography, with zones favourable for agriculture and mountainous. In economic terms, agriculture has been losing importance in recent decades. Thanks to the excellent conditions for production, there is now a new interest in agricultural activity, especially by young people with innovative projects. There is also an enormous cultural, historical and architectural heritage, e.g. numerous monasteries, convents, churches, aqueducts, bridges, etc. The territory also has two important thermal spas in Terras de Bouro and Caldelas (Amares) and a group of river beaches scattered throughout the four municipalities. Regarding crafts, the must are the famous and unique Valentine Scarves. Alto Cávado's gastronomy is also very distinguished. http://www.atahca.pt/

09:00 - 09:30 Transfer to LAG ATAHCA area

09:30 – 13:00 - **CONFERENCE** on cooperation between Slovenian and with Portuguese LAGs, Minha Terra Federation, National Rural Network, Management Authority of RDP for the Mainland in Portugal, hosted by ATAHCA Local Development Association. *A coffee break will be served mid-conference* 

### **Conference program**

09:30 Registration of Participants

10:00 Welcome

- Ana Paula Xavier, Vice-president of Minha Terra Federation
- Aleš Zidar, Manager of LAG Between Snežnik and Nanos and President of Slovenian Rural
  Development Network
- José Mota Alves, Chairman of ATAHCA

10:30 The LEADER approach in Slovenia and in Portugal

- Introduction to main issues in rural areas in Portugal and the previous LEADER programs –
  Luís Chaves, Coordinator of Minha Terra Federation
- LEADER approach and CLLD in Slovenia Goran Šoster, Manager of LAG Prlekija and Vicepresident of Slovenian Rural Development Network











- LEADER approach under the RDP 2020 in Portugal Rui Rafael Responsible for the Local Development Area in the Managing Authority of Rural Development Program for the Mainland in Portugal
- Debate on bottlenecks and improvements moderated by Luís Chaves
- 11:30 Coffee-break
- 12:00 Cooperation as a toll for Local Development Strategiesn(LDS): opportunities and perspectives
  - Linking cooperation projects with LDS João Carlos Pinho, coordinator of LAG ADRIMAG
  - LEADER Cooperation framework in Slovenia Manager of LAG Between Snežnik and Nanos and President of Slovenian Rural Development Network
  - LEADER Cooperation framework in Portugal Ana Pires da Silva, PT National Rural Network
  - Debate on opportunities and perspectives for cooperation moderated by João Carlos Pinho
- 13:00 Closing remarks
- 13:00 14:30 Lunch in typical restaurant Torres, in Vila Verde
- 14:45 15:20 Introducing the LAG ATAHCA, the strategy and the area in the LAG premises
- 15:30 19:30 Visit to **LEADER projects** supported by LAG ATAHCA

### Rural Tourism / Wine tourism Casa Lata

Supported by the RDP 2007-2013, LEADER Approach, measure Diversification of the Economy and Creation of Employment, action Diversification of Activities in the Farm. The Casa Lata is historically known in this region as an agricultural house. Inserted in a rural property of about 4 hectares, it is situated between the fields and houses that characterize the landscape of this region. The Casa Lata - Agroturismo is a tourist enterprise, led by José Carlos Faria Costa, whose activity aims to combine wine production, traditional activity of the house, tourism in rural areas with a special focus on wine tourism. Phase 1 - Creation of a housing unit with 9 rooms and 2 jobs, in the modality of Agritourism. Support in the construction work, furniture and equipment. With the support of ATAHCA LAG, circa 112.292,17 euros, that is 60% of the total investment; Phase 2 - Extension of the accommodation unit with 5 more rooms and creation of 1 workstation. Support in construction work, furniture and equipment. With the support of ATAHCA LAG, circa 175.510,34 euros, that is 60% of the total investment. http://www.casalata.com/











## Artisan Chocolate Factory "Chocolate com Pimenta" (Chocolate with Pepper)

The Artisan Chocolate Factory "Chocolate com Pimenta" works the chocolate in an artisan way, with original recipes and manual techniques. Pedro Sousa was a pastry cook for 18 years, but, actually, he really liked to work the chocolate. The project preparation began in 2012. It received funding from Rural Development Programme, 2007-2013, through the measure Diversification of the Economy and Creation of Employment, action Creation and Development of Microenterprises, under LEADER approach with the support of LAG ATAHCA, circa 70.736,94 euros, that is 60% of the total investment. <a href="http://www.chocolatecompimenta.pt/">http://www.chocolatecompimenta.pt/</a>

### Artisan Brewery "Cerveja Letra"

Supported by the RPD 2007-2013 under LEADER Approach, measure Diversification of the Economy and Creation of Employment, action Creation and Development of Microenterprises. Support in the reconstruction of facilities, in the installation of equipment of the production unit, heating system, refrigeration system, systems and equipment for corking, filling and labelling of bottles. With the support of ATAHCA LAG, circa 119.710,70 euros, that is 60% of the investment. The Cerveja Letra is a beer produced by brewers Francisco Pereira and Filipe Macieira, using artisanal methods and 100% natural ingredients - water, malts and hops - that give it a unique and special character, as a result of its organoleptic properties, distinguish it from beers currently produced and consumed in Portugal. http://www.cervejaletra.pt/

19:30-21:00 - Dinner in typical restaurant Torres, in Vila Verde

21:00 - 21:30 - Transfer to the Hotel João Paulo II in Braga

### **04-10-2017 - THIRD DAY - LAG ADRIMAG**

The territory of intervention of the ADRIMAG LAG corresponds to the massifs of the mountains of Montemuro, Arada and Gralheira is predominantly a mountain area, with areas of high forest density, sometimes contrasting with some tablelands and numerous valleys. The region, crossed by the rivers Paiva, Arda, Bestança (tributaries of the Douro) and Caima (tributary of the Vouga River), is marked by its agricultural plot. Arouquesa beef, Gralheira kid meat (Protected Designation of Origin) and blueberries are some of the most symbolic products of the region. Associated with the vast natural,











cultural and gastronomic heritage (in particular conventual pastry and sweets), the tourism sector is increasingly important. Hunting and fishing, thermalism, nature tourism, rural tourism and geotourism are some of the attractive features that inspire more and more tourists. <a href="http://www.adrimag.com.pt">http://www.adrimag.com.pt</a>

The Arouca Geopark, corresponding to the administrative area of the Municipality of Arouca, is recognized for its exceptional Geological Heritage of international relevance, with particular emphasis on the giant Trilobites of Canelas, the Castanheira Parental Stones and the Icnofossils of Vale do Paiva. <a href="http://aroucageopark.pt/en/">http://aroucageopark.pt/en/</a>

09:00 - 10:45 - Transfer to LAG ADRIMAG area

10:45 - 13:00 - Visit to **LEADER projects** supported by LAG ADRIMAG

# Visit to the Trebilhadouro Village

At 625 meters of altitude, nestled in the terraces of the Serra da Freita, the Trebilhadouro village maintains the traditional Portuguese rural house in granite stone, material that stretches along the paths. The floors, the "canastros" (ganaries), the public tank and the fountain witness the community spirit of yesteryear. Its last inhabitant left the village 20 years ago. Decades later, it regained inhabitants thanks to a rural tourism project that recovered the village. Located in Vale de Cambra, Trebilhadouro is one of the best examples of the country when it comes to the recovery of abandoned villages. The Trebilhadouro village was honoured in 2015 with the rehab award by the Institute of Housing and Urban Rehabilitation. With the intervention of the four beneficiaries, 11 buildings were recovered, one of which was largely expanded, with the creation of 6 worksplaces and the provision of 29 rooms for tourist accommodation in the form of country houses. The total investment of the four projects amounted to an eligible amount of more than 850,000.00 euros, with a funding of more than 510,000 euros. It is worth noting that the Municipality of Vale de Cambra, in addition to being a promoter of the project related to the support building for the village, also carried out other investments that relate mainly to the basic infrastructures in the village, from water, light, signalling. <a href="http://www.aldeiasportugal.pt/sobre/88/#">http://www.aldeiasportugal.pt/sobre/88/#</a>. WVwa6GxK02w

## Tour in Serra da Freita and visit to the "Casa das Pedras Parideiras" Interpretive Centre

The Freita Mountain (Serra da Freita) is, together with the Arada (1057 meters) and Arestal (830 meter) Mountains, part of the Gralheira Massif. In the Interpretative Centre the visitor gets to know the dynamics of the Arouca Geopark and the origin of the Pedras Parideiras











("stones that give birth"), a unique geological phenomenon, that occurs in the middle of Freita Mountain. It is the most emblematic geosite of the Arouca Geopark. This fact is due not only to the rarity of this geological phenomenon, but also to all the mysticism associated with its fertility rituals. The popular designation of "Pedras Parideiras" results from the fact that it corresponds to a limited granitic outcrop, which inside holds dark nodules that stand out by the action of erosive agents, hence the allusion to the "stone that gives birth". The Interpretation Centre is open to the public since November 2012 and its goal is to preserve, understand and promote this important geological heritage, supporting touristic and educational visits to this place. The Pedras Parideiras House has a reception area/store with local products, as well as an auditorium, where you can see the 3D movie "Pedras Parideiras: a geological treasure". Outside, it has a roofed exhibition and an open-air exhibition (main outcrop of the Pedras Parideiras). Project supported by LAG - ADRIMAG within the framework LEADER approach in 2017-2013 RDP. Disclosed in Brochure 3 LEADER Projects 2009-2010. Eligible investment: € 181,959.25; Public Expenditure: € 109,115.55. Creation of 2 workplaces. http://aroucageopark.pt/en/explore/what-visit/museums-and-interpretive-units/casa-daspedras-parideiras-interpretative-center/

13:30 -15:00 - Lunch in typical restaurant Casa no Campo, in the village of Espinheiro, Serra da Freita.

15:00 – 15:30 - **Presentation of the LAG**, the strategy and the area in the LAG premises or in the Arouca Geopark premises

### 15:30 - 19:00 - Visit to the Passadiços do Paiva

A course of 8 kilometres of pure nature. A journey to biology, geology, and through the history of life on planet, written in the landscape. Paiva river flows in a musical way beside us, increasing its flow in the winter period, thus offering the adrenaline of its white waters for the adventurous of rafting and kayak. The journey begins in the bathing areas of Areinho or/and Espiunca, and halfway, we are welcomed with the small paradise of the Vau leisure area. Project co-founded by «ON2 – O Novo Norte», in the scope of QREN and European Regional Development Fund. http://www.passadicosdopaiva.pt/en

19:00 – 23:00 - **Transfer to Hotel S. Pedro in Arouca**, dinner with animation and accommodation in the hotel.











### 05-10-2017 - FOURTH DAY

09:30 - Internal conference of the Slovenian group in Hotel S. Pedro, Arouca.

12:00 - Transfer from Arouca to Oporto airport, picnic lunch on the bus.

#### **USEFUL CONTACTS**

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**National Rural Network**; T. (+352) 218 442 410; Contact person: Ana Pires da Silva Phone number: (+351) 92 413 82 88

ATAHCA - Associação de Desenvolvimento das Terras Altas do Homem, Cávado e Ave; ADRESS: Rua Condestável D. Nuno Álvares Pereira, 356/380 4730-063 Barbudo - Vila Verde; T (+351) 253 321 130; Contact person: Sandra Jácome; Phone number: (+351) 965 592 459

ADRIMAG - Associação de Desenvolvimento Rural Integrado das Serras do Montemuro Arada e Gralheira; ADRESS: Praça Brandão Vasconcelos, 10 4540-110 Arouca; T. (+351) 256 940 350; Contact person: Ekaterina Malginova; Phone number: (+351) 91 353 71 13

Travel Agency **TEMPLAR;** T. (+351) 249 817 165; Contact person: Joana Cascão; Phone number: (+351) 916 340 010

**NORTRAVEL** - Transport and guide agency Guide name: to be completed It will be the guide that will receive you at the airport. Guide phone number: to be completed









